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For Information in Russian, please call (650)903-6145

如果你是山景城的居民,需要更多的中文资料,请打电话650-903-6145 转3号分机

Program Holidays*

Wednesday, December 24 - Christmas Eve
Thursday, December 25 - Christmas Day
Thursday, January 1 - New Year's Day
Monday, January 19 - Martin Luther King, Jr.
Monday, February 16 - President's Day

* Lap Swim holiday hours may vary; contact pools for detailed schedule.

Get Connected with Assets for the New Year!

Beginning January 2, 2009, the Mountain View Recreation Division will be celebrating and incorporating an asset a month into our programs. As introduced in our Fall 2008 Recreation Guide, the 41 developmental assets are experiences each child and teen needs to thrive and grow into caring, responsible, and healthy adults. From Adult Role Models to Family Support, Recreation programs will focus on the assets that will help each child grow in a positive way. What can you do? Take a look at our Asset-A-Month calendar and get connected with assets by incorporating them into your family's life!

January: Adult Role Models

- Enroll your child into one of our many programs – our leaders and instructors are excellent adult role models!

February: Youth As Resources

- Encourage your teen to apply for their first job, and give other young adults opportunities to have useful roles in the community.

March: Creative Activities

- Expose your child to music lessons, theater, or other arts, and encourage them to spend three or more hours a week engaged in these activities.

April: Service To Others

- Encourage your child or teen to volunteer for the community. The Recreation Division has great volunteer opportunities!

May: Youth Programs

- Encourage your child to participate in sports, clubs, and other organizations in school and in the community.

A Look Ahead...

June: Safety

July: Community Values Youth

August: Caring Neighborhood

September: Parent Involvement in schooling

October: Positive Family Communication

November: Positive Cultural Identity

December: Family Support

GET CONNECTED... ON-LINE REGISTRATION IS HERE!

REGISTER FOR RECREATION CLASSES ON-LINE 24/7 AT YOUR OWN CONVENIENCE- AVAILABLE TO MOUNTAIN VIEW RESIDENTS

STARTS DECEMBER 1, 2008

To register On-Line, you will need:

- To be a Mountain View resident
- Have a Family Personal Identification Number (PIN)
- Have a Visa or MasterCard

To obtain your Family PIN:

- Go to the Mountain View Community Center located at 201 South Rengstorff Avenue during business hours.
- Bring 2 Proofs of Mountain View Residence (Required). Refer to General Information on page 16.
- Verify your family members are eligible for class registration on your account.

After you have your PIN number, log onto:

<http://online.activenetwork.com/mvrecreation>

Classes with the following symbol are not available for On-Line Registration:



Developmental Assets Key

- = Positive Identity
- = Constructive Use of Time
- = Empowerment
- = Support

- = Positive Values
- = Social Competencies
- = Commitment to Learning
- = Boundaries & Expectations

Deer Hollow Farm Spring Tours

Saturday, March 21, April 18, and May 16
10:00 a.m. to 1:00 p.m.

The last tour starts at 12:30 p.m.

\$5 for adults, \$3 for children, and under two years old FREE.

Come meet the new Deer Hollow Farm babies, cow, rabbits, sheep, goats, chickens, ducks, geese, and pigs! The 1-hour Deer Hollow Farm Spring Tours will take you through the livestock pens, century-old farm buildings, and an organic garden and orchard. Farm volunteers will be on hand to share what daily life was like 150 years ago, when most Americans lived on homestead farms like Deer Hollow Farm.



The Friends of Deer Hollow Farm host the annual event to raise funds to provide scholarships for half the 5,000 children who attend the Farm's environmental education program. The tours include a short award-winning film about Deer Hollow Farm called "Lessons of the Land." A Farm booth will feature Friends T-shirts, handmade note cards with original photos of the Preserve and Farm, and animal and plant identification cards. Hand-painted gourd birdhouses and embroidered sweatshirts will also be available. All sales benefit the educational program at Deer Hollow Farm.

Deer Hollow Farm is a 10-acre working farm in the 3,800-acre Rancho San Antonio County Park and Open Space Preserve. The Farm is funded by the City of Mountain View, Midpeninsula Regional Open Space District, and Santa Clara County, with help from Friends of Deer Hollow Farm.

For more information, visit the Friends website: www.fodhf.org or call Friends of Deer Hollow Farm, (650) 965-FARM (3276).

Community Services Agency

204 Stierlin Road
(650) 968-0836

The Community Services Agency offers an Emergency Assistance Program that provides: one-time financial assistance with rent; one-time financial assistance with PG&E bills; Food and Nutrition Center (supplemental food program open Monday through Friday); backpacks and school supplies; shoe vouchers; dental and vision care (including eyeglasses) for uninsured children; holiday bags for Thanksgiving; toy distribution; diapers; medical prescription assistance for uninsured children and adults; and fee waivers.

Drop-in hours:
Monday, Wednesday, Friday,
9:00 a.m. to 11:00 a.m. and 1:30 p.m. to 3:00 p.m.

Appointments:
Tuesdays: 9:00 a.m. to 11:00 a.m. and 1:30 p.m. to 3:00 p.m.
Fridays: 1:30 p.m. to 3:00 p.m.

Parks and Recreation Commission

Alicia Henderson (Chair), Paul Donahue (Vice Chair), Gary Griffith, and Ed Mussman II.

The Parks and Recreation Commission meets the second Wednesday of the month at 7:00 p.m. at the Mountain View Senior Center, 266 Escuela Avenue.

Meeting dates 2008 and 2009: December 10; January 14 and February 11.

Mountain View Celebrates ARBOR DAY

Saturday, March 14, 2009
11:00 a.m.
Pioneer Park

Pioneer Memorial Park, located between City Hall and the Mountain View Public Library, will be the site for this year's Arbor Day celebration on Saturday, March 14, 2009. Arbor Day activities will include a tree planting ceremony in Pioneer Park starting at 11:00 a.m. Enjoy free activities such as children's arts and crafts; face painting, a guided tree walk in Pioneer Park, food and entertainment. A tree climbing demonstration by the City of Mountain View's Forestry Division is also scheduled. Mountain View's Annual Arbor Day ceremony will be celebrated rain or shine. For more information, contact the Forestry and Roadway Landscape Division at (650) 903-6273.

Mountain Adult Open Gym - Volleyball Mountain View Sports Pavilion

1185 Castro Street

The Mountain View Sports Pavilion is open Sundays on a drop-in basis for volleyball from 5:00 p.m. to 7:00 p.m. Mountain View residents or employees of Mountain View businesses only. An activity pass is encouraged (\$11.75 for 10 visits, \$23.75 for 20 visits) or pay a \$2.25 drop-in fee per visit. Activity passes may be purchased at the Recreation Office, 201 South Rengstorff Avenue, Monday through Friday—8:30 a.m. to 5:00 p.m. or Sunday evenings at the Pavilion. Exact change only, please. Proof of residency is required.

Join the Youth Advisory Committee!



Want to make an impact on your community, but do not know how? Are you a middle or high school student and a Mountain View resident? Then join the City of Mountain View Youth Advisory Committee!

The Committee acts in an advisory capacity providing City Council and staff with valuable insight regarding youth and teen issues in our community. The 15-member Youth Advisory Committee may advise on matters relating to the youth and teen population within the City of Mountain View. Meetings take place twice a month on Mondays to plan programs and events, recommend new facilities and services, and discuss issues that matter to teens in our community.

Pick up an application at your school's office, the Community Center, located at 201 South Rengstorff Avenue, or go to our City website at www.mountainview.gov beginning February 23, 2009. Space is limited! Submit your application by 5:00 p.m. on Friday, April 10, 2009. For more information, please call (650) 903-6410.

Mountain View Teen Center (MVTC)

Friday & Saturday Nights* - FREE
6:30 p.m. to 9:30 p.m.
298 Escuela Avenue

Come join in on the fun on Friday and Saturday nights at the Mountain View Teen Center! The MVTC is open to Mountain View middle school students every Friday and Saturday night from 6:30-9:30pm. This FREE drop-in program is SUPERvised by our trained Recreation Leaders and offers a fun social atmosphere full of billiards, air hockey, video games, board games, snacks, and crafts! Pick up a Teen Activity Calendar at your next MVTC visit to see what fun is right around the corner! Participants need to bring verification of middle school enrollment (school I.D.) and turn in a Registration Form. Registration Forms are available at the MVTC and the Community Center and must be returned completed by their second visit. For more information, please contact the Recreation Division at (650) 903-6410.

*MVTC will be closed December 26 & 27.

Recreation Class Financial Assistance Program (FAP)

The City provides eligible, low-income Mountain View residents limited financial assistance to register for recreation classes and to enjoy the benefits of recreation. In order to qualify, applicants currently must be a Mountain View resident and qualify through the Community Services Agency (CSA) Screening Process (subject to Santa Clara County HUD guidelines). The original CSA Financial Assistance Form must be submitted each year at the first time of registration for recreation classes. Upon eligibility, recipients will be allowed to register for a maximum of \$800 or \$400 worth of classes. A \$5.75 withdrawal fee shall be charged for each withdrawal and for withdrawals made less than 14 days prior to the start date of a class or for no-shows on the first day of class, double the cost of the class will be subtracted from the customer's FAP allocation. No amount will be returned to the remaining FAP balance once it has been applied towards class registration, unless the class is cancelled by the Recreation Division. FAP is good for one year (September 1 through August 31) and does not apply to Golf, Tennis, Lap Swims and Special Events.

Perfect Places for your Special Event

Planning a special social or business event? Mountain View has the locations you'll want to see! For information or to schedule a tour, please call the Recreation Division Facility Rental Office at (650) 903-6407 or visit www.mountainview.gov.



Senior Center



Interior-Social Hall

Senior Center - Social Hall

Experience the stunning architecture of Mountain View's New Senior Center with its banquet hall seating 200, full catering kitchen and beautiful patio.



Adobe Building



Interior-Adobe

Adobe Building

The Historic Adobe Building's large hall and adjacent garden offers an intimate gathering place for a variety of events of up to 100 people.

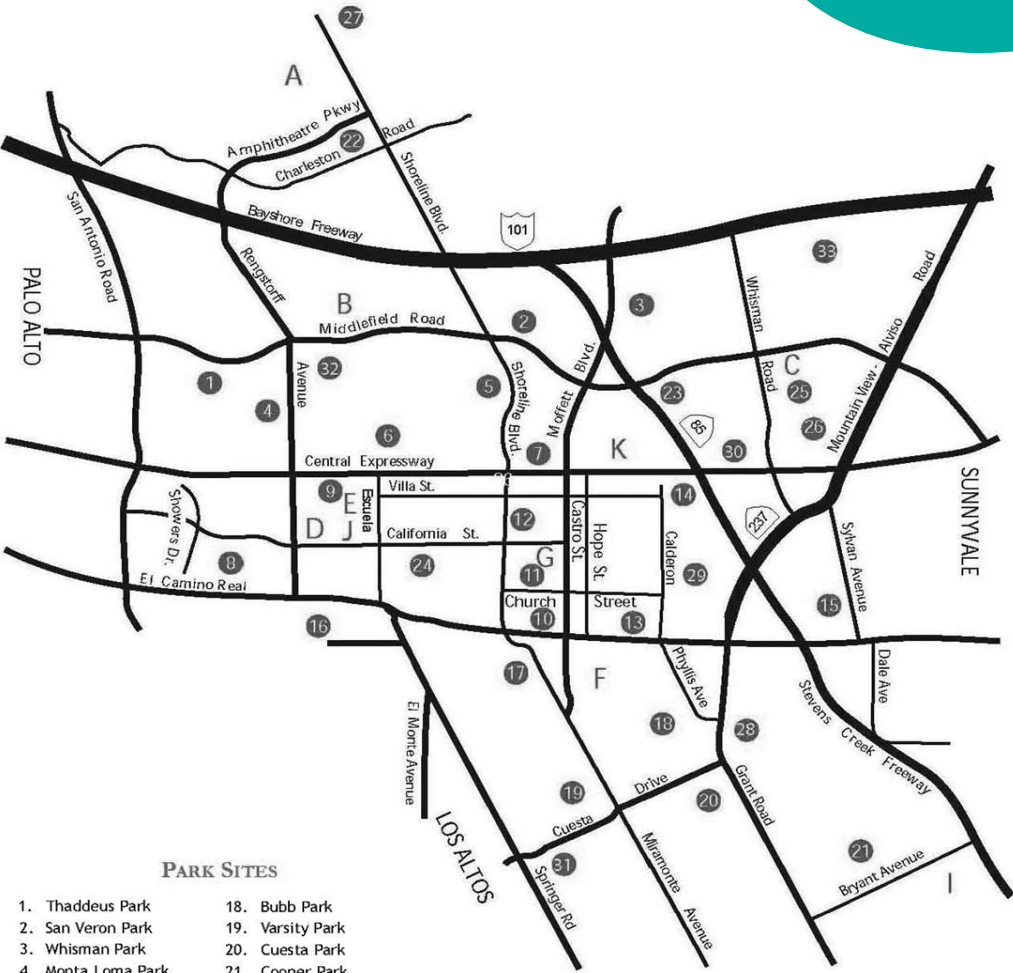


Community Center

Community Center

Set in the midst of Rengstorff Park, the versatile Community Center offers a selection of meeting rooms perfect for events for 25-200 people.

BBQ Reservations begin March 3, 2009



- PARK SITES**
- | | |
|-------------------------|--------------------------|
| 1. Thaddeus Park | 18. Bubb Park |
| 2. San Veron Park | 19. Varsity Park |
| 3. Whisman Park | 20. Cuesta Park |
| 4. Monta Loma Park | 21. Cooper Park |
| 5. Stevenson Park | 22. Charleston Park |
| 6. Rex-Manor Park | 23. Creekside Park |
| 7. Jackson Park | 24. Castro Park |
| 8. Klein Park | 25. Chetwood Park |
| 9. Rengstorff Park/Pool | 26. Magnolia Park |
| 10. Eagle Park/Pool | 27. Dog Park |
| 11. Pioneer Park | 28. Huff School/Park |
| 12. Dana Park | 29. Mercy - Bush Park |
| 13. Fairmont Park | 30. Slater School/Park |
| 14. Landels Park | 31. Springer School/Park |
| 15. Sylvan Park | 32. Sierra Vista Park |
| 16. Gemello Park | 33. Devonshire Park |
| 17. McKelvey Park | |

- FACILITIES KEY**
- | | |
|--|--|
| A. Shoreline At Mountain View | F. Mountain View Sports Pavilion at Graham Middle School |
| B. Whisman Sports Center at Crittenden Middle School | G. Public Library, City Hall, Center for the Performing Arts |
| C. Parks Division Office | H. Deer Hollow Farm |
| D. Mountain View Community Center/Recreation Division Office | I. Mountain View High School |
| E. Mountain View Senior Center | J. Teen Center |
| | K. Willowgate Garden |

Accessible Programs & Facilities

Reasonable accommodations in facilities, policies, procedures and/or practices will be made, if necessary, to ensure full and equal access and enjoyment of all programs and activities for individuals with a disability in accordance with the Americans with Disabilities Act (ADA). Individuals with disabilities should contact the Recreation Division at (650) 903-6331 to discuss meeting accessibility.

FACILITY DIRECTORY

Adobe Building	
157 Moffett Boulevard.....	903-6407
Cala Center Dojang in Sunnyvale	
1111 W. El Camino Real #117	
Sunnyvale	(408) 730-2534
Community Center (CC)	
201 S. Rengstorff Avenue.....	903-6331
Rm 1–Room 1	
Rm 2–Room 2	
Rm 3–Room 3	
AUD-Auditorium	
LSH-Lower Social Hall	
California Fencing Academy (CFA)	
950 N. Rengstorff Avenue, Suite G (866) 737-4903	
Cooper Park	
500 Chesley Avenue.....	903-6412
Cuesta Park Tennis Center	
685 Cuesta Drive.....	967-5955
Eagle Park Pool	
650 Franklin Street.....	903-6413
Enkuban Dojo (Aikido)	
209 West Evelyn Avenue.....	966-1447
KMVT 15 Studio	
1400 Terra Bella Avenue.....	968-1540
Mountain View Sports Pavilion (MVSP) & Graham Sports Complex	
1185 Castro Street.....	903-6819
Palo Alto Bowl	
4329 El Camino Real	
Palo Alto.....	948-1031
Peninsula Youth Theater (PYT)	
2500 Old Middlefield Way.....	988-8798
Rengstorff Park Pool	
201 S. Rengstorff Avenue.....	903-6414
Senior Center	
266 Escuela Avenue.....	903-6330
Shoreline At Mountain View	
2600 N. Shoreline Boulevard	
Administration	903-6392
Amphitheatre Box Office.....	967-4040
Golf Links.....	903-4653
Sailing Lake.....	965-7474
Teen Center	
298 Escuela Avenue.....	526-7005
Twisters Gymnastics	
2639A Terminal Boulevard.....	967-5581
Whisman Sports Center (WSC)	
1500 Middlefield Road.....	903-6626



Dance

Dance Force teaches a variety of styles of dance classes which include ballet, tap, jazz, hip hop, cheerleading, tiny tots, pre-ballet, and much more. Dancing is a great way for your child to learn coordination, grace, balance, confidence, and helps to build their self-esteem. For more information, please call Dance Force at (408) 371-5678 or e-mail at danceforceinfo@aol.com.

BALLET

Gracefully learn the fundamentals of ballet! New students will learn ballet techniques and terminology of steps while more experienced students will continue to improve their skills and knowledge of ballet.

Instructor: Dance Force Staff.

NO CLASS 2/14, 4/18, 5/9.

13095	3-5 yrs	Sa	11:35AM - 12:20PM	1/24-5/16	Rm 3	R\$123.25/ NR\$135.25
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COMBO (BALLET/TAP/JAZZ)

Introduce your child to ballet, tap and jazz steps - all in one class! Participants will use props, scarves and wands and will begin to understand dance terminology.

Instructor: Dance Force Staff.

NO CLASS 1/19, 2/14, 2/16, 2/18, 4/13, 4/15, 4/18, 5/4, 5/6, 5/9.

13234	3.5-5.5 yrs	M	4:20 - 5:05PM	1/12-5/11	Rm 3	R\$123.25/ NR\$135.25
13237	3.5-5.5 yrs	W	4:20 - 5:05PM	1/21-5/13	Rm 3	R\$123.25/ NR\$135.25
13238	4-6 yrs	W	6:00 - 6:45PM	1/21-5/13	Rm 3	R\$123.25/ NR\$135.25
13239	3.5-5.5 yrs	Sa	9:55 - 10:40AM	1/24-5/16	Rm 3	R\$123.25/ NR\$135.25

DANCING TOGETHER! ♥

Give your child the beginning elements of dance in a fun and creative learning environment! With the help of a parent or caretaker, we will use scarves, teddy bears, wands and other props while dancing. Your child will love the listening and moving activities that will get you both dancing around hand-in-hand! Parent/ Caretaker participation required. Instructor: Dance Force Staff.

NO CLASS 2/14, 2/17, 4/14, 4/18, 5/5, 5/9.

13241	2.5-3.5 yrs	Tu	9:15 - 9:45AM	1/20-5/12	Rm 3	R\$105.75/ NR\$117.75
13242	2.5-3.5 yrs	Sa	9:20 - 9:50AM	1/24-5/16	Rm 3	R\$105.75/ NR\$117.75

PRESCHOOL HIP HOP BOOGIE 😊

Bounce, jump, and spin! Your child will love this energetic class filled with dance and movement activities. While learning basic hip hop and dance moves to fun kid's music, your child will build confidence, coordination, and rhythm. Movement games will help your child with balance and having fun interacting with other students! Instructor: Dance Force Staff.

NO CLASS 2/17, 2/19, 4/14, 4/16, 5/5, 5/7.

13243	3-6 yrs	Tu	10:40 - 11:25AM	1/20-5/12	Rm 3	R\$123.25/ NR\$135.25
13244	3-5 yrs	Th	3:30 - 4:15PM	1/22-5/14	Rm 3	R\$123.25/ NR\$135.25

PRINCESS PRE-BALLET

Calling all Princesses! Come join this magical class as we introduce your child to ballet and creative movement. Your child will learn the individual steps, across-the floor movement, and dance combinations. We will use fun props while dancing to your favorite princess music and pretending to be a beautiful princess!

Instructor: Dance Force Staff.

NO CLASS 1/19, 2/16, 2/17, 2/18, 4/13, 4/14, 4/15, 5/4, 5/5, 5/6.

13231	3-5 yrs	M	3:30 - 4:15PM	1/12-5/11	Rm 3	R\$123.25/ NR\$135.25
13232	3-5 yrs	Tu	9:50 - 10:35AM	1/20-5/12	Rm 3	R\$123.25/ NR\$135.25
13233	3-5 yrs	W	5:10 - 5:55PM	1/21-5/13	Rm 3	R\$123.25/ NR\$135.25

TINY TOTS BALLET

Introduce your child to ballet and creative movement! This FUN class is action-packed to keep your child's attention. Your child will learn ballet steps; use props, scarves, teddy bears and wands; and begin to understand dance terminology. Instructor: Dance Force Staff.

NO CLASS 2/14, 2/17, 2/19, 4/14, 4/16, 4/18, 5/5, 5/7, 5/9.

13101	2.5-3.5 yrs	Tu	11:30AM - 12:00PM	1/20-5/12	Rm 3	R\$105.75/ NR\$117.75
13245	2.5-3.5 yrs	Th	2:55 - 3:25PM	1/22-5/14	Rm 3	R\$105.75/ NR\$117.75
13246	2.5-3.5 yrs	Sa	12:25 - 12:55PM	1/24-5/16	Rm 3	R\$105.75/ NR\$117.75



Community

Preschool

Preschool Classes

Priority registration has been taken for the Fall session of 2008-2009 school year. The Preschool classes are currently full. For more information about the registration process and/or to place your child on the waitlist, please visit the Community Center during regular business hours.

Registration Requirements: Correct age verification must be submitted by providing a photocopy of the child's birth certificate and current immunization card. Participants must be able to use the bathroom independently.

This creative, play-based preschool program has been designed to meet the developmental needs of the "whole child." The curriculum centers on the vital social opportunities children need in order to grow emotionally, cognitively, and kinesthetically. Children are provided the opportunity to learn at their own pace with a curriculum that includes daily art and circle activities, singing, dancing, and storytelling. Instructors: Miss Mary and Miss Tamara.

NO CLASS 1/19, 2/16, 5/25.

KINDER-PREP

Kinder-Prep has been designed with the older preschool-aged child in mind. Students will be engaged in letter and number recognition activities as well as beginner's level writing, reading, and science opportunities in an environment that honors students' developmental stages as well as personal milestones. Participants must have been born prior to June 1, 2004.

13285	M/W/F	1:00 - 3:30PM	1/5-2/13	Rm 1	R\$201.88/NR\$213.13
13286	M/W/F	1:00 - 3:30PM	2/23-4/3	Rm 1	R\$213.75 /NR\$225.00
13223	M/W/F	1:00 - 3:30PM	4/13-6/5	Rm 1	R\$273.12/NR\$284.37

PRESCHOOL PLAYSCHOOL

The PlaySchool class builds on the foundation developed in the Tot Time class. Students are encouraged to develop the social, emotional, kinesthetic, and cognitive skills that will serve them through the kindergarten and elementary years. The curriculum is play-based and experiential and includes singing, dancing, storytelling, cooperative crafts, and hands-on science activities. Students will be empowered to "find out for yourself." Participants must have been born between December 3, 2003 and December 2, 2004.

13225	M/W/F	9:15 - 11:45AM	1/5-2/13	Rm 1	R\$201.88/NR\$213.13
13226	M/W/F	9:15 - 11:45AM	2/23-4/3	Rm 1	R\$213.75 /NR\$225
13227	M/W/F	9:15 - 11:45AM	4/13-6/5	Rm 1	R\$273.12/NR\$284.37


PRESCHOOL TOT TIME

This social, play-based preschool class allows the young preschooler the opportunity to develop social and emotional fortitude skills in a stimulating and nurturing classroom environment. The curriculum includes daily art and circle activities, singing, dancing, storytelling, and fingerplays. Participants must have been born between December 3, 2004 and December 2, 2005.


13228	Tu/Th	9:15 - 11:45AM	1/6-2/12	Rm 1	R\$142/NR\$153.25
13229	Tu/Th	9:15 - 11:45AM	2/24-4/2	Rm 1	R\$142/NR\$153.25
13230	Tu/Th	9:15 - 11:45AM	4/14-6/4	Rm 1	R\$190/NR\$201.25




Preschool

BREAKFAST WITH GEORGE AND ABE  It's a playdate of presidential proportions! We will be making Martha Washington apple muffins for breakfast, building a log cabin, and even recreating Washington's famous "I cannot tell a lie" fable! Instructor: Recreation Staff.

13217	3-5 yrs	Sa	10:30AM - 12:00PM	2/7-2/7	Rm 1	R\$12/ NR\$13.25
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LET'S GO BIG!  Come join us for a hands-on exploration of some of America's most beloved folklore characters. We will be making giant pancakes, a larger-than-life version of Babe the Blue Ox, and even creating a man-size catfish as we explore the wild adventures of Paul Bunyan, Pecos Bill, and Slue Foot Sue! Instructor: Recreation Staff.

13218	3-5 yrs	Sa	10:30AM - 12:00PM	1/17-1/31	Rm 1	R\$24/ NR\$35.25
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SNUG HOUSE, BUG HOUSE  Come get a bug's-eye view of the word's tiniest critters. We will be making bug catchers, going on a bug hunt, and even make our own bugs as we explore the illustrations of Susan Schade and Jon Buller in their children's book, "Snug House, Bug House". Instructor: Recreation Staff.


13220	3-5 yrs	Sa	10:30 - 12:00PM	4/4-4/18	Rm 1	R\$24/ NR\$35.25
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POCKET SCIENCE It's a journey into the great unknown! Participants will learn what it's like to eat, sleep, and even exercise in space! We will work with Mars-replicated sand, create child-sized rockets, taste-test astronaut ice cream, and participate in a weightless workout! Instructor: Recreation Staff.

13219	3-5 yrs	Sa	10:30AM - 12:00PM	2/14-2/28	Rm 2	R\$24/ NR\$35.25
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Special Interest

MUSICAL READING THEATRE FOR CHILDREN  Welcome to a Musical Reading Theatre Adventure! Children will participate in a variety of activities, including acting out stories and songs, playing instruments and dressing up in costumes! Stimulate your child's cognitive thinking and enhanced their creativity and self-esteem while teaching them "The Arts" in a fun, innovative way. Parents are welcome to stay for the class and participate with your child. Instructor: Susan Jerome.


13301	3-5 yrs	Sa	10:00 - 11:00AM	1/10-2/14	Rm 2	R\$65 NR\$76.75
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STORY STRETCHERS Designed for the creative preschooler, this class brings familiar stories to life using music, movement and games. Children will get to become their favorite characters and create plays of their own. This is a fun way for beginners to experience the joy of theater. Instructor: Peninsula Youth Theatre Staff. **NO CLASS 2/19.**

13111	3.5-5 yrs	Th	3:00 - 3:45PM	1/29-4/9	PYT	R\$131.25/ NR\$143.25
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. . . *Get connected to an active lifestyle*


Sports and Fitness

CARTWHEEL KINDERS  Cartwheel Kinders further enhances physical, mental, and social development. Participants are introduced to basic gymnastics terminology, positions, and skills. Participants are carefully spotted until they can complete the skill successfully. Instructor: Twisters Gymnastics Staff. **NO CLASS 4/16.**


13265	4-5 yrs	Th	2:00 - 2:40PM	3/19-5/28	Twisters Gymnastics	R\$100/ NR\$112
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PRESCHOOL PLAYERS Improve listening skills and focus on strength and coordination for your preschooler. Participants will safely learn to climb, jump, swing, and roll on all introductory gymnastics equipment. Instructor: Twisters Gymnastics Staff.

13211	3-4 yrs	Tu	10:00 - 10:40AM	1/6-3/10	Twisters Gymnastics	R\$100/ NR\$112
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DYNO TUMBLERS  This class offers a fun and safe environment where participants are challenged with fundamental gymnastics skills. They will master basic terminology and moves, and develop flexibility that will enhance overall fitness for any sport. Instructor: Twisters Gymnastics Staff. **NO CLASS 4/17.**

13267	5-6 yrs	F	3:15 - 3:55PM	3/20-5/29	Twisters Gymnastics	R\$100/ NR\$112
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WALKING WONDERS  Help your child develop muscle coordination, body control, and social interaction in an educational environment! This class is designed for children, walking to 3 years, emphasizing fine and gross motor development. Children are assisted by their partners and a Certified Twisters Instructor. Twisters instructors will carefully construct an age-appropriate class. Parent participation required. Instructor: Twisters Gymnastics Staff.

13215	1.5-3 yrs	W	10:00 - 10:40AM	1/7-3/11	Twisters Gymnastics	R\$100/ NR\$112
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Sports Kidz Love Soccer

Now celebrating our 26th year, KLS is dedicated to teaching children the world's most popular game within a nurturing environment. At Kidz Love Soccer the emphasis is always on fun! Located throughout the state of California, KLS provides the foremost in soccer camps and instruction for kids age 3.5 to 12, instilling an exuberant, skillful confidence, in the young player ... through the Kidz Love Soccer method; a session experience includes age appropriate activities: skill demonstrations, fun games, and instructional scrimmages always conducted in a non-competitive, recreational format. Kidz Love Soccer: "where the score is always fun to fun."

For registration information please visit www.kidzlovesoccer.com or call (408) 252-1894.



Kidz Love Soccer
RAINOUT HOTLINE
(650) 903-6416

- The hotline is updated Monday through Friday by 3:00 pm. Call for recorded information in regard to City of Mountain View athletic field conditions.
- If weather conditions diminish after 3:00 p.m. or on the weekends and fields become wet, please do not use fields. One day of use can generate weeks of recovery time.



Aquatics

LIFEGUARD TRAINING

This course is specifically designed to prepare students for eligibility to apply for Lifeguard employment. Upon successful completion of this course, students will receive the following certifications: CPR / AED for the Professional Rescuer, First Aid and Lifeguard Training. Participants must be 15 years old by the last date of the class and able to swim 500 yards continuously, tread water for two minutes and retrieve a 10-pound brick from the bottom of the pool. ATTENDANCE IS MANDATORY AT ALL CLASSES. Bring a swimsuit and towel to every class. Fee includes books and certifications. Please note that this is a two-weekend class. Classes held at Rengstorff Pool, unless otherwise notified.

13296	15+ yrs	F	5:00 - 9:00PM	3/27 & 4/3	R\$184/
		Sa	8:30AM - 5:30PM	3/28 & 4/4	NR\$196
		Su	8:30AM - 5:30PM	3/29 & 4/5	
13091	15+ yrs	F	5:00 - 9:00PM	4/24 & 5/1	R\$184/
		Sa	8:30AM - 5:30PM	4/25 & 5/2	NR\$196
		Su	8:30AM - 5:30PM	4/26 & 5/3	
13092	15+ yrs	F	5:00 - 9:00PM	5/29 & 6/5	R\$184/
		Sa	8:30AM - 5:30PM	5/30 & 6/6	NR\$196
		Su	8:30AM - 5:30PM	5/31 & 6/7	

WATER SAFETY INSTRUCTOR

This class will train instructor candidates to teach American Red Cross Learn-to-Swim programs for all ages and skill groups. Participants must be 16 years old by the last day of class and pass a pretest consisting of water safety and swimming skills on the first day of class. ATTENDANCE IS MANDATORY AT ALL CLASSES. Bring a swimsuit and towel, empty 1-inch 3-ring binder, note paper and pen to every class. Fee includes books and certification. Classes held at Rengstorff Pool, unless otherwise notified.

13093	16+ yrs	Tu/Th	6:00 - 10:00PM	5/5-5/28	R\$184/ NR\$196
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LOS ALTOS - MOUNTAIN VIEW AQUATIC CLUB sanctioned by the United States Swimming, Inc., offers year-round, competitive swimming for boys and girls ages 5 to 18, novice through advanced. All practice sessions are coached by experienced, certified coaches and instructors at Eagle Pool. For more information, visit us at: www.lamvac.org, or call (650) 599-2213.

Dance

Annual Dance Recital

This year's Dance Recital will take place on Monday, May 18, 2009! Students registered in Dance Force classes that are marked with an asterisk (*) symbol will participate in the Dance Recital taking place at the Mountain View Center for the Performing Arts to showcase what they have learned this session! All other classes will have an in-class performance at the last class meeting. More Dance Recital information will be available shortly after classes begin. **Look for the asterisk (*) symbol next to each class number which denotes classes that will be participating in the Dance Recital.**



BALLET

Gracefully learn the fundamentals of ballet! New students will learn ballet techniques and terminology of steps; while more experienced students will continue to improve their skills and knowledge of ballet. Instructor: Dance Force Staff. **NO CLASS 2/18, 4/15, 5/6.**

13094*	5-7 yrs	W	3:30 - 4:15PM	1/21-5/13	Rm 3	R\$153.25/ NR\$165.25
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BELLY DANCING FOR KIDS

Discover the basics of belly dancing through muscle isolations and dance techniques, using music and dance movements from Egypt and Iran! Belly dancing helps in building strength and flexibility in muscles. Just bring your bare feet and have lots of fun shaking your belly! Participants enrolled will have the opportunity to watch a belly dancing performance at an off-site location once throughout the class session - more information will be available after class begins. An optional belly dancing hip scarf will be available for purchase to participants enrolled for \$20 from Instructor. Instructor: Marzieh Gachipour

13257	5-10 yrs	W	6:45 - 7:45PM	1/7-3/4	Rm 3	R\$119.25/ NR\$131.25
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CHEERLEADING & KIDS HIP HOP

This class has it all! Your child will learn cheerleading motions, cheers, chants, jumps and techniques and use pom poms. They will also learn basic jazz and hip-hop moves to music like Radio Disney and Kids Bop! Instructor: Dance Force Staff. **NO CLASS 2/19, 4/16, 5/7.**

13097*	7-10 yrs	Th	4:20 - 5:05PM	1/22-5/14	Rm 3	R\$153.25/ NR\$165.25
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COMBO (BALLET/TAP/JAZZ)

Introduce your child to ballet, tap and jazz steps - all in one class! Participants will use props, scarves and wands and will begin to understand dance terminology. Instructor: Dance Force Staff. **NO CLASS 1/19, 2/14, 2/16, 4/13, 4/18, 5/4, 5/9.**

13235*	5-7 yrs	M	5:10 - 5:55PM	1/12-5/11	Rm 3	R\$153.25/ NR\$165.25
13236*	8-11 yrs	M	6:00 - 6:45PM	1/12-5/11	Rm 3	R\$153.25/ NR\$165.25
13240*	5-7 yrs	Sa	10:45 - 11:30AM	1/24-5/16	Rm 3	R\$153.25/ NR\$165.25

HIP HOP & JAZZ

Get ready to dance with age-appropriate dance moves in a fun and action-packed environment! Participants will learn basic jazz and hip-hop moves to music from Radio Disney and Kids Bop! Instructor: Dance Force Staff. **NO CLASS 2/19, 4/16, 5/7.**

13099*	5-7 yrs	Th	5:10 - 5:55PM	1/22-5/14	Rm 3	R\$153.25/ NR\$165.25
13100*	8-11	Th	6:00 - 6:45PM	1/27-5/14	Rm3	R\$153.25/ NR\$165.25



LEADERS IN TRAINING

Too old for camp and too young to be a recreation leader? If you are mature, energetic, outgoing, enthusiastic, creative, and between the ages of 13–15 years old, apply now to be part of the Leader in Training (LIT) program! Learn about leadership, asset development, responsibility and service to others while gaining valuable work experience for future jobs!

LITs assist Aquatic Staff and Recreation Leaders with summer programs and help lead program activities, games, sports, crafts and field trips to various locations. Pick up an application to become a LIT at the Mountain View Community Center and at Graham and Crittenden Middle School or download the application from www.mountainview.gov starting March 2, 2009. Applications are due no later than Friday, May 1, 2009, by 5:00 p.m. with interviews taking place May 11-22, 2009. For more information, please call (650) 903-6410.

Special Interest

BABYSITTER TRAINING

Interested in learning the skills necessary to babysit? This American Red Cross class gives the knowledge, skills and confidence to care for infants and school-age children. Develop skills in leadership and professionalism, basic care, safety and safe play, and first aid. Learn how to interview for a babysitting job, make responsible decisions, supervise children, keep kids and yourself safe, choose safe and age-appropriate toys. Skills taught include: rescue breathing, first aid for choking and bleeding, and basic care (diapering, holding, feeding, dressing) for infants and small children. Red Cross certification will be given to students who successfully complete the course. Instructor: American Red Cross Staff.

13292	11-14 yrs	Sa	9:00AM - 4:00PM	2/7	Teen Center	R\$86.25/ NR\$98.25
13103	11-14 yrs	Sa	9:00AM - 4:00PM	4/4	Teen Center	R\$86.25/ NR\$98.25

GOTTA SING, GOTTA DANCE

Calling all Broadway Stars! Learn the basics of singing and dancing for musical theater! Develop your skills on how to sell a song through voice and movement, and have a lot of fun while doing it! Instructor: Peninsula Youth Theatre Staff. **NO CLASS 2/16.**

13279	6-8 yrs	M	4:00 - 4:45PM	1/26-4/6	PYT	R\$131.25/ NR\$143.25
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PINT-SIZE PLAYERS

Looking for that next step for your budding actor? This production-oriented class will give each student a role and a chance to shine in a class production. Instructor: Peninsula Youth Theatre Staff. **NO CLASS 2/18.**

13280	7-10 yrs	W	3:30 - 5:00PM	1/28-4/8	PYT	R\$191.25/ NR\$203.25
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KIDS CAFÉ - Around the World Tour NEW!

Join us for a twist on our Kid's Café class! This time around we will create dishes from around the world! Participants in this class will learn about nutrition, kitchen safety, and the history and culture of the food items being prepared. Have fun cooking your favorite recipes while learning about dishes from around the globe! Instructor: Recreation Staff.

13281	8-12 yrs	Sa	10:00AM - 12:00PM	3/14-3/21	Teen Center	R\$44.25/ NR\$56.25
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WILD IMAGINEERS

Does your child have a wild imagination? If so, this hands-on class is what they have been waiting for! Your child will have the opportunity to create unique projects based on fun themes that encourages them to think outside of the box. Themes include "All About Art," and "All About Experiments". Instructor: Recreation Staff.

13113	7-11 yrs	W	3:30 - 5:00PM	3/4-3/25	Rm 2	R\$52.25/NR\$64.25
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KIDS' NIGHT OUT

ATTENTION PARENTS! This Valentine's Day, take time to have a night out to yourselves, while your child(ren) also have a fun night of their own! This three-hour class will offer activities and dinner to participants in a supervised environment that promotes peer interaction and pure fun, while parents get time to themselves. Activities will include indoor games, crafts, baking, and more! Each participant will be provided with a pizza dinner and a drink. Instructor: Recreation Staff.

13106	6-11 yrs	Sa	6:30 - 9:30PM	2/14	LSH	R\$20/ R add'l sibling \$15 NR\$32/ NR add'l sibling \$27
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TEEN CUISINE

This delicious class offers teens the opportunity to focus on food preparation, kitchen safety, nutritious and delicious eating, etiquette and more! Participants enrolled will learn responsibility in the kitchen and will be able to share their new skills with family and friends! Instructor: Recreation Staff.



13282	11-14 yrs	Sa	10:00AM - 1:00PM	2/28	Teen Center	R\$42.25/ NR\$54.25
13284	11-14 yrs	Sa	10:00AM - 1:00PM	5/9	Teen Center	R\$42.25/ NR\$54.25

WHEN I'M IN CHARGE

This course teaches children to be more aware of potential dangers they could face when home alone, as well as teaches responsibility for personal safety and well-being. Topics include: keeping your house key safe, door safety, dealing with fires and gas leaks, phone and internet safety, how to get help, and other safety-related topics. Parents are invited to attend the last 30 minutes of class for the family community lesson. Instructor: American Red Cross Staff.

13293	8-11 yrs	Sa	12:00 - 3:00PM	3/7	Rm 2	R\$46.25/ NR\$58.25
13294	8-11 yrs	Sa	12:00 - 3:00PM	5/9	Rm 2	R\$46.25/ NR\$58.25

... with creativity

Sports and Fitness

AIKIDO

Are you looking for a class to help improve focus and build self-confidence, trust and strength? Try Aikido! Aikido is a form of Japanese martial arts that harmonizes energy through non-competitive training with partners, not opponents. You will safely study rolls, throws, pins and fluid movements. Come 15 minutes early, and wear loose-fitting clothing (no blue jeans). Uniforms available later for purchase.

**Wednesday and Friday classes are only for those students who have already completed the Monday beginning class.*
Instructor: Western Aikido Yoshokai Staff.

13128	7-13 yrs	M	6:45 - 7:45PM	1/5-3/9	Enkuban Dojo	R\$51/ NR\$62.25
13129	7-13 yrs	W	7:00 - 7:45PM	1/7-3/11	Enkuban Dojo	R\$51/ NR\$62.25
13130	7-13 yrs	F	6:15 - 7:15PM	1/9-3/13	Enkuban Dojo	R\$51/ NR\$62.25
13131	7-13 yrs	M	6:45 - 7:45PM	3/16-5/25	Enkuban Dojo	R\$51/ NR\$62.25
13132	7-13 yrs	W	7:00 - 7:45PM	3/18-5/20	Enkuban Dojo	R\$51/ NR\$62.25
13133	7-13 yrs	F	6:15 - 7:15PM	3/20-5/22	Enkuban Dojo	R\$51/ NR\$62.25

GYMNASTICS FOR GIRLS

This Gymnastics program is designed for comprehensive body development and basic gymnastic skills. The class will cover balance, coordination, ability, body strength, fine and gross motor skills. Equipment used includes mini-trampoline, mats, balance beams, bars, etc. Instructor: Twisters Gymnastics Staff.

13213	6-12 yrs	Th	4:00 - 4:55PM	1/8-3/12	Twisters Gymnastics	R\$115/ NR\$127
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BEGINNING FENCING - Youth

Enjoy the art, science, and Olympic sport of fencing! We use lightweight flexible swords and it is one of the safest, most rewarding sports available. We play fun developmental games, do paired drills, and you even get to fence each day! You will learn the basic rules, safety, and manners of the sport, how to advance and retreat, to attack and lunge, to parry and riposte, and much, much more! Fencing develops and maintains both physical and mental fitness, teaches self-discipline and great sportsmanship skills. All equipment supplied - just wear athletic clothing. Instructor: California Fencing Academy.

NO CLASS 1/19, 2/16.

13134	8-12 yrs	M	5:00 - 6:00PM	1/5-2/23	CFA	R\$118/ NR129.75
13135	8-12 yrs	M	6:30 - 7:30PM	1/5-2/23	CFA	R\$118/ NR129.75
13136	13-18 yrs	Sa	9:30 - 10:25PM	1/10-2/14	CFA	R\$118/ NR129.75
13137	13-18 yrs	Sa	9:30 - 10:25PM	1/10-2/14	CFA	R\$118/ NR129.75
13138	8-12 yrs	M	5:00 - 6:00PM	4/6-5/11	CFA	R\$118/ NR129.75
13139	8-12 yrs	M	6:30 - 7:30PM	4/6-5/11	CFA	R\$118/ NR129.75
13140	8-12 yrs	Sa	9:30 - 10:30PM	4/4-5/9	CFA	R\$118/ NR129.75
13141	13-18 yrs	Sa	9:30 - 10:30PM	4/4-5/9	CFA	R\$118/ NR129.75

Online Driver Education Course

Getting ready to get begin the wheel? Well, learn the rules of the road! This Online Driver Education Course is approved by the California Department of Motor Vehicles. Reading, Flash Graphics, Videos, and Quizzes will prepare the student to pass the written DMV test. The course is easy to use; you simply log into the Economic Driving School website, enroll, and you can begin immediately! For more information about the course and to register, please go to: <http://www.economicdrivingschool.com/online>. **When registering, make sure you complete the question that says “How did you hear about us?” by choosing “Activity Guide” and Enter Code: 6331.**

Cost for Online Driver Education Course: \$75.00

Sports and Fitness

KARATE FOR FITNESS

Karate is a modern martial art, characterized by its powerful stances and punching techniques all necessary for a strong defense. Students will be introduced to the basic fundamentals of Karate techniques and participate in fun and educational drills designed to build self-confidence and develop coordination, physical endurance, strength and discipline. Basic forms (Kihon Kata) and (Kumite Sparring), terminology and etiquette will also be covered. You don't want to miss out on this fun and exciting program! A uniform fee of \$45 is due to the instructor by the second class meeting (new students only).

Cala Center is located in Sunnyvale. Instructor: Chris Hung.

13146	7-13 yrs	M	3:30 - 4:15PM	1/5-3/9	Cala Center Dojang	R\$86/ NR\$97.75
13145	7-13 yrs	W	3:30 - 4:15PM	1/7-3/4	Cala Center Dojang	R\$86/N R\$97.75
13143	7-13yrs	F	3:30 - 4:00PM	1/9-3/6	Cala Center Dojang	R\$86/ NR\$97.75
13144	7-13 yrs	F	4:15 - 5:00PM	1/9-3/6	Cala Center Dojang	R\$86/ NR\$97.75
13149	7-13 yrs	W	3:30 - 4:15PM	4/1-5/27	Cala Center Dojang	R\$86/ NR\$97.75
13147	7-13 yrs	F	3:30 - 4:00PM	4/3-5/29	Cala Center Dojang	R\$86/ NR\$97.75
13148	7-13 yrs	F	4:15 - 5:00PM	4/3-5/29	Cala Center Dojang	R\$86/ NR\$97.75
13150	7-13 yrs	M	3:30 - 4:15PM	4/6-6/8	Cala Center Dojang	R\$86/ NR\$97.75

RAYVONICS FITNESS

Participants will experience a fitness program consisting of body toning exercises, movement to help develop strength, flexibility and stamina. Featuring low-impact warm-up, floor exercises and yoga techniques followed by cardio conditioning and cool-down stretching techniques. Course taught by Rayvon Williams.

13151	16+ yrs	M/W/F	6:00 - 7:00PM	1/5-1/28	MVSP Aux Rm	R\$47.50/ NR\$59
13152	16+ yrs	M/W/F	6:00 - 7:00PM	1/30-2/27	MVSP Aux Rm	R\$57/ NR\$68.50
13153	16+ yrs	M/W/F	6:00 - 7:00PM	3/2-3/30	MVSP Aux Rm	R\$61.75/ NR\$73.25
13154	16+ yrs	M/W/F	6:00 - 7:00PM	3/30-4/29	MVSP Aux Rm	R\$57/ NR\$68.25
13155	16+ yrs	M/W/F	6:00 - 7:00PM	4/29-5/29	MVSP Aux Rm	R\$61.75/ NR\$73.00
13156	16+ yrs	M/W/F	6:00 - 7:00PM	6/1-6/29	MVSP Aux Rm	R\$57/ NR\$68.25
13157	16+ yrs	M/W/F	6:00 - 7:00PM	6/29-7/31	MVSP Aux Rm	R\$66.50/ NR\$77.75

ROCK CLIMBING

Enjoy a soft, fun and colorful physical adventure: Rock Climbing! Students will work on gymnastics, motor skills, rhythmic activities and basic sports skills in a fun, age-appropriate class that blends physical, cognitive, and daily living skills. Classes are taught by a creative, expert/certified instructor.

Instructor: Twisters Gymnastics Rock Climbing Coach. NO CLASS 4/14.

13269	7-12 yrs	Tu	4:45 - 6:00PM	3/17-5/26	Twisters Gymnastics	R\$124/ NR\$136
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Hershey’s Track and Field Games are coming back to Mountain View for the second year and it’s FREE!



Hershey's Track & Field games are for children 9-14 years old. Events will include the 50m, 400m, 1600m, relays, the Long Jump, and Softball Throw! So, test your track and field skills at the Graham Sports Complex (1185 Castro Street in Mountain View) Saturday May 16, 2009 starting at 9:00am. Registration information will be handed out in school. For additional information please call Mountain View Recreation Division (650) 903-6331.



Teen Open Gym!

Saturday Nights - FREE
6:30 p.m. - 9:30 p.m.
1500 Middlefield Road

If you like to play basketball, volleyball, indoor soccer, ping-pong or just want to hang out with your friends, then come out to the City of Mountain View's FREE, yes FREE, Teen Open Gym on Saturday nights from 6:30 p.m. – 9:30 p.m. at the Whisman Sports Center, adjacent to Crittenden Middle School. Bring your student ID and come ready for a pickup game or just to hang out! Tournaments and instruction nights will be held each month.

Pick up a TOG Events Calendar on your next TOG visit! For more information, please call the Mountain View Community Center at (650) 903-6331.

STRIKE ZONE

Meet new friends and learn how to bowl at the Strike Zone! Students are taught the basics of bowling, including an introduction to league play, while having fun! Build your self-esteem while bowling STRIKES! At the completion of the 5-week class, students will receive a new bowling ball and bag (first-time students only). Shoe rental is included in the registration cost. Check-in will take place at Palo Alto Bowl's front desk. Instructor: Palo Alto Bowl Staff.

13198	6-11 yrs	Tu	3:45 - 5:15PM	1/13-2/10	Palo Alto Bowl	R\$51.25/ NR\$63.25
13199	6-11 yrs	Th	3:45 - 5:15PM	1/15-2/12	Palo Alto Bowl	R\$51.25/ NR\$63.25
13202	6-11 yrs	Tu	3:45 - 5:15PM	4/21-5/19	Palo Alto Bowl	R\$51.25/ NR\$63.25
13203	6-11 yrs	Th	3:45 - 5:15PM	4/23-5/21	Palo Alto Bowl	R\$51.25/ NR\$63.25

TAE KWON DO

Combine a full workout with useful self-defense skills! Tae Kwon Do is a form of Korean martial arts that concentrates on powerful blocks, kicks and punches for self-defense. The goal of training is the full development of self-confidence, strength and focus. Uniforms will be distributed to students the second week of class, and will cost \$20. Please make checks payable to "Mountain View School of Tae Kwon Do." Priority registration is given to those currently enrolled. Instructor: Mountain View School of Tae Kwon Do Staff.

13206	9-17 yrs	Tu/Th	6:00 - 7:00PM	1/6-4/9	WSC- Aux	R\$36/ NR\$47.25
13207	9-17 yrs	Tu/Th	6:00 - 7:00PM	4/14-6/25	WSC- Aux	R\$36/ NR\$47.25

Futsal Kingz in Mountain View

Futsal is a fun, fast-paced soccer game, played indoors within the lines of a basketball court (no walls), using a small, size 3 low-bounce ball. The game consists of two teams of four players and a goalkeeper with unlimited substitutions and quick restarts. Futsal Kingz programs have age-specific curriculum, innovative class formats and qualified professional coaching staff enabling every player to develop their skills and have a great experience, whether they're the next Beckham or trying Futsal for the first time!

Programs are offered for players 5-12 years old
Register online
www.futsalkingz.com

For more information:
Email: info@futsalkingz.com
Phone: (408) 440-7878

... to an active lifestyle

Trips & Excursions

SKI AND SNOWBOARD TRIP FOR TEENS

Come and hit the slopes with us for a great day of boarding or skiing at Sierra at Tahoe. The City of Mountain View Recreation Division and Bay Area Ski Bus will provide supervision, luxury bus transportation, lift ticket for the day, snacks, movies and giveaways! Teens must bring equipment with them (no rentals at the resort). In addition, teens should bring food or money for lunch and dinner. **Departure time is at 4:00 a.m. from the Mountain View Community Center. Return time is approximately 9:30 p.m.** Registration deadline is two weeks before trip date. At the time of registration, a liability waiver form and behavior contract must be signed and returned and an information packet will be issued.

13109	11-18 yrs	Sa	4:00AM - 9:30PM	1/31	CC-Parking Lot	R\$106.25/NR\$118.25
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... with fun !

Camps

GYMNASTICS CAMP

Discover the world of Gymnastics during Spring Break! Flip, twist, and bounce while learning fun and progressive skills from all of the Olympic Events, including the trampoline! Please bring water, a snack, and a bagged lunch. Instructor: Twisters Gymnastics Staff.

13277	6-12 yrs	M-F	9:00AM - 2:00PM	4/13-4/17	Twisters Gymnastics	R\$186.25/ NR\$198.25
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INTRO TO STUDIO PRODUCTION CAMP

Discover the world of media production through hands-on experience! Students will use KMVT's industry-standard professional studio and equipment to gain basic skills in screenwriting, storyboarding, camera work, lighting, directing, sound design, acting, and editing. By the end of the week, students will produce an entire production, which will be broadcasted on KMVT15! Students will each receive a DVD copy of the program they produce. Please bring a sack lunch and drink! Instructor: KMVT Staff.

13247	10-14 yrs	Tu-F	10:00AM - 4:00PM	2/17-2/20	KMVT	R\$246.25/ NR\$258.25
13256	10-14 yrs	M-F	10:00AM - 4:00PM	4/13-4/17	KMVT	R\$296.25/ NR\$308.25

PENINSULA YOUTH THEATRE VACATION CAMPS

Peninsula Youth Theatre (PYT) has just the way to shake up the vacation blues. Spend your break acting, creating skits and playing theater games as well as creating props and costumes. Culminating in a demonstration for parents and friends, this camp is sure to spice up your break! Please send a bag lunch and drink with your child each day. Instructor: Peninsula Youth Theatre Staff.

13107	8-14 yrs	M-F	8:30AM - 3:30PM	2/16-2/20	PYT	R\$236.25/ R\$248.25
13108	8-14 yrs	M-F	8:30AM - 3:30PM	4/13-4/17	PYT	R\$236.25/ R\$248.25

SPRING INTO CAMP

Will active games, craft projects, and fun field trips put a spring in your child's step? If so, your child will love Spring Into Camp! This week-long camp is designed to keep your child active and engaged through indoor and outdoor games, crafts, songs, trips, and more! Children must bring a bag lunch and drink each day. Snacks are provided and field trip fees are included in the registration cost. Instructor: Recreation Staff.

13110	7-10yrs	M-F	9:00AM - 4:00PM	4/13-4/17	CC Auditorium	R\$84.75/ NR\$96.75
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WINTER BREAK TEEN CAMP

Join the coolest camp this Winter Break and have a blast hanging out with friends! Led by outgoing and fun Recreation Leaders, Winter Break Teen Camp is designed to keep your teen(s) active and engaged during their week-long break. Participants will engage in creative activities, including indoor and outdoor games, arts and crafts, cooking projects, and field trips. Teens should bring a bag lunch and drink each day. Snacks are provided and field trip fees are included in the registration cost. Instructor: Recreation Staff.

13287	11-14 yrs	M-F	10:00AM - 2:00PM	2/16-2/20	Teen Center	R\$53.75/ NR\$65.75
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... involve youth in camps during school vacation breaks!



Aquatics

AQUA-CISE

Join the Aqua-cise community in a medium-paced, low-impact water aerobic conditioning class designed to improve cardiovascular fitness as well as tone muscles and increase flexibility. No swimming skills necessary. Classes will be at the Eagle Park Pool.

NO CLASS 1/19, 2/16, 5/25.

13072	18+ yrs	M/W/F	12:00 - 12:55PM	1/2-1/30	R\$36/NR\$48	SR\$9/SN\$21	
13073	18+ yrs	M/W/F	12:00 - 12:55PM	2/2-2/27	R\$33/NR\$45	SR\$8.25/SN\$20.25	
13074	18+ yrs	M/W/F	12:00 - 12:55PM	3/2-3/30	R\$39/NR\$51	SR\$9.75/SN\$21.75	
13075	18+ yrs	M/W/F	12:00 - 12:55PM	4/1-4/29	R\$39/NR\$51	SR\$9.75/SN\$21.75	
13076	18+ yrs	M/W/F	12:00 - 12:55PM	5/1-5/29	R\$36/NR\$48	SR\$9/SN\$21	
13077*	18+ yrs	M/W/F	12:00 - 12:55PM	6/1-6/29	R\$39/NR\$51	SR\$9.75/SN\$21.75	* Rengstorff Pool

AQUATIC FITNESS

Join the exhilaration and fun of a total exercise program! No swimming skills required. Exercises are designed to develop muscle tone, strength, and flexibility as the body moves against the resistance of the water. Classes held at Eagle Pool. NO CLASS 1/19, 2/16, 5/25.

13078	18+ yrs	M/W/F	8:05 - 9:00AM	1/2-1/30	R\$33/NR\$45	SR\$9/SN\$21	
13079	18+ yrs	M/W/F	8:05 - 9:00AM	2/2-2/27	R\$30.25/NR\$42.25	SR\$8.25/SN\$20.25	
13080	18+ yrs	M/W/F	8:05 - 9:00AM	3/2-3/30	R\$35.75/NR\$47.75	SR\$9.75/SN\$21.75	
13081	18+ yrs	M/W/F	8:05 - 9:00AM	4/1-4/29	R\$35.75/NR\$47.75	SR\$9.75/SN\$21.75	
13082	18+ yrs	M/W/F	8:05 - 9:00AM	5/1-5/29	R\$33/NR\$45	SR\$9/SN\$21	
13083*	18+ yrs	M/W/F	8:05 - 9:00AM	6/1-6/29	R\$35.75/NR\$47.75	SR\$9.75/SN\$21.75	* Rengstorff Pool

DEEP WATER EXERCISE

Aerobic and strengthening exercises are performed in deep water with the assistance of a flotation device. Deep Water Exercise provides the benefits of aerobic exercise without the negative impact. Participants must be comfortable in deep water, but the ability to swim is not required. Flotation devices provided. Classes held at Eagle Pool.

13087	18+ yrs	Tu/Th	8:05 - 9:00AM	1/6-1/29	R\$22/NR\$34	SR\$6/SN\$18	
13088	18+ yrs	Tu/Th	8:05 - 9:00AM	2/3-2/26	R\$22/NR\$34	SR\$6/SN\$18	
13089	18+ yrs	Tu/Th	8:05 - 9:00AM	3/3-3/31	R\$24.75/NR\$36.75	SR\$6.75/SN\$18.75	
13084	18+ yrs	Tu/Th	8:05 - 9:00AM	4/2-4/30	R\$24.75/NR\$36.75	SR\$6.75/SN\$18.75	
13085	18+ yrs	Tu/Th	8:05 - 9:00AM	5/5-5/28	R\$22/NR\$34	SR\$6/SN\$18	
13086*	18+ yrs	Tu/Th	8:05 - 9:00AM	6/2-6/30	R\$24.75/NR\$36.75	SR\$6.75/SN\$18.75	* Rengstorff Pool

LIFEGUARD TRAINING



This course is specifically designed to prepare students for eligibility to apply for Lifeguard employment. Upon successful completion of this course, students will receive the following certifications: CPR/AED for the Professional Rescuer, First Aid and Lifeguard Training. Participants must be 15 years old by the last date of the class and able to swim 500 yards continuously, tread water for two minutes and retrieve a 10-pound brick from the bottom of the pool. ATTENDANCE IS MANDATORY AT ALL CLASSES. Bring a swimsuit and towel to every class. Fee includes books and certifications. Please note that this is a two-weekend class. Classes held at Rengstorff Pool, unless otherwise notified.

13296	15+ yrs	F	5:00 - 9:00PM	3/27 & 4/3	R\$184/NR\$196
		Sa	8:30AM - 5:30PM	3/28 & 4/4	
		Su	8:30AM - 5:30PM	3/29 & 4/5	
13091	15+ yrs	F	5:00 - 9:00PM	4/24 & 5/1	R\$184/NR\$196
		Sa	8:30AM - 5:30PM	4/25 & 5/2	
		Su	8:30AM - 5:30PM	4/26 & 5/3	
13092	15+ yrs	F	5:00 - 9:00PM	5/29 & 6/5	R\$184/NR\$196
		Sa	8:30AM - 5:30PM	5/30 & 6/6	
		Su	8:30AM - 5:30PM	5/31 & 6/7	

WATER SAFETY INSTRUCTOR



This class will train instructor candidates to teach American Red Cross Learn-to-Swim programs for all ages and skill groups. Participants must be 16 years old by the last day of class and pass a pretest consisting of water safety and swimming skills on the first day of class. ATTENDANCE IS MANDATORY AT ALL CLASSES. Bring a swimsuit and towel, empty 1-inch 3-ring binder, note paper and pen to every class. Fee includes books and certification. Classes held at Rengstorff Pool unless otherwise notified.

13093	16+ yrs	Tu/Th	6:00 - 10:00PM	5/5-5/28	R\$184/NR\$196
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MOUNTAIN VIEW MASTERS



Mountain View Masters (MVM) is a swim program for the adult community aged 18 and older of all swimming ability levels. MVM offers: coached practices; group clinics; lap swimming; local swim competitions; and fun social events year round for its team members. MVM practices are mornings, Monday through Sunday at Eagle Pool.

All members must register with Pacific Masters Swimming (PMS). Monthly MVM dues include access to all MVM practices and City lap swim program. Drop-in fee for PMS-registered swimmers is \$7.00. For more information, including current monthly dues, practice schedule and sample practices, visit the club website, www.mvm.org or call (408) 735-1326.

ADULT LAP SWIM



Lap Swimming is a great opportunity available for adults aged 18 and up to increase their health and wellness. Schedule is subject to change due to holidays and routine pool maintenance. Please visit www.mountainview.gov for schedule updates. Lap Swim Cards and Day Passes may be purchased at the following locations:

- Mountain View Community Center (201 S. Rengstorff Avenue)
- City Hall Finance Department (500 Castro Street)
- Eagle Park Pool during Lap Swim hours only. (Please have exact change or check) or
- By mail (include a self-addressed stamped envelope and proof of residency)

Mountain View Residents must provide proof of residency. Replacement cards will not be issued if lost or stolen.

EAGLE POOL HOURS	HOLIDAY SCHEDULE	FEES	CLOSED
Weekdays: 10:30AM - 1:30PM	1/21, 2/16	Adult - 25 Swim Pass: R\$50.25/NR\$61	1/1 - New Year's Day
6:00PM - 8:00PM	10:30AM - 1:30PM	Senior - 25 Swim Pass: R\$14.25/NR\$25	4/12 - Easter
Weekends: Sa 9:00AM - 12:00PM		Day Pass: R\$2.75/NR\$3.75	5/25 - Memorial Day
Su 9:00AM - 12:00PM			

ADULT SPORTS

Adult Softball

The Spring or Summer Adult Softball season will begin April 2009. Softball games are played Sunday afternoons and Monday through Friday evenings. All games are played at Callahan or Crittenden Fields, located at 1500 Middlefield Road. Team registration for the Spring Season will begin in February 2009. For more information, please call (650) 903-6404.

Men's Basketball League

Men's Basketball leagues play Tuesday evenings at the Whisman Sports Center and Wednesday evenings at the Mountain View Sports Pavilion during the winter season. Team Registration for the 2009-2010 season will begin August 2009. For more information, please call (650) 903-6404.

Coed Volleyball League

Coed Volleyball teams play Thursday evenings at the Mountain View Sports Pavilion during the winter season. Team registration for the 2009-2010 season will begin August 2009. For registration information, please call (650) 903-6416.

JAZZERCISE CLASSES IN MOUNTAIN VIEW

JAZZERCISE is the original dance exercise phenomenon! Each 60 to 70 minute class offers a blend of jazz dance and exercise science to your favorite music – Top 40, jazz, country, funk, and classics. Easy to follow fun choreography includes a gentle warm up, 30 minute aerobic workout, muscle toning, and strengthening segment with weights and stretch finale. Instructors demonstrate how movements can be modified to meet individual fitness levels making Jazzercise fun for both the beginning and the more advanced students!

Whisman Sports Center, M & W, 5:45 p.m.; Sat., 8:45
Mountain View Community Center, T & TH, 9:15

\$45 Joining fee: This fee applies to all new customers and those with memberships that have expired for 3 months or longer.

For more information please call Barbara Peterson at
(650) 464-9758.

Our mission is to provide programs that meet individual needs of seniors, promote personal growth and socialization and foster feelings of achievement, companionship and well-being.

The Senior Center offers something for everyone!

Take advantage of the beautiful Mountain View Senior Center and the plethora of activities, classes, clubs, trips and social services; all of them available to folks lucky enough to be 55+! Take a step toward a healthier lifestyle by joining one of our many classes committed to providing life-long learning and improving your health and wellness! You may also come to the Center to practice stress relief techniques in one of our Yoga, Tai Chi or Qigong classes. Visit our Center and experience the excitement older adults around the Peninsula have been buzzing about.

The Senior Center creates community through people, parks and programs!

The Senior Center offers programs that:

- Strengthen community image and sense of place 📍
- Foster human development 😊
- Protect environmental resources 🌿
- Promote health and wellness ❤️
- Increase cultural unity 🌍
- Provide recreational experiences 💡

See how the following 101 activities and services correspond with the missions above.

1. Alzheimer's Screenings
2. Blood Pressure Checks
3. Brown Bag Program
4. Community Services Agency (CSA) Information and Referrals
5. Eyeglass Repair
6. Flu Shots
7. Health DVD Resource Library
8. Health/ Medical Insurance (HICAP)
9. Hearing Screening
10. Home Repair Directory
11. Homeowners and Renters Assistance
12. Housing Information
13. Health/ Medical Insurance (HICAP)
14. Hearing Screening
15. Home Repair Directory
16. Housing Information
17. Outreach Services
18. Podiatry Screening
19. Proven People: Senior Employment Project
20. Senior Adult Legal Assistance (SALA)
21. Senior Case Manager
22. Senior Resource Fair
23. Senior Services Directory
24. Tax Preparation Assistance
25. Vial of Life
26. VTA Transit Discount Cards/Stickers

Health and Social Services

Each month there are many free social services available such as blood pressure checks, stress check-ups, eyeglass repairs, Alzheimer's screenings, legal referrals, renter's assistance, hearing screenings, income tax preparation, health insurance counseling and podiatry screenings. Once a month, a case manager from the Community Services Agency is available for drop-in appointments to meet with individuals and families to discuss life changes. Appointments are necessary for many of these services. Please call (650) 903-6330.



Classes at the Senior Center

Enjoy one of the 40 different types of Senior Center classes offered through Mountain View-Los Altos Adult Education and Foothill-De Anza Community College District. Adults over 55 can register for oils and acrylics, watercolor, ceramics, general conditioning, aerobics, arthritis exercise, yoga and much more. Attend a free class with volunteer instructors, including creative stitchery, knitting and crocheting, woodcarving, line dance and square dancing. A complete list of classes are available at the Senior Center or online at www.mountainview.gov



51. Workout on Broadway Dance Classes
52. Activity Binder
53. Art Showcase
54. Assisting Seniors in the Arts Program
55. Bingo Games
56. Bowling Club
57. Bridge Groups
58. Card Games
59. Chess
60. Classic Movie Mondays
61. Coffee Bar
62. Computer Lab
63. Computer Printing
64. News/ TV Sports Coverage
65. Current "Hot Topics" Discussion Group
66. Daily Crossword/ Sudoku Puzzles
67. Dances
68. DMV Driving Test Study Materials
69. Drop-In Computer Assistance
70. Evening Drop-in Hours
71. Exercise Equipment
72. Fashion Show
73. Fireplace
74. Free Table - Magazines and Miscellaneous items
75. Public Phone
76. Holiday Bazaar
77. Holiday Gala
78. Holiday Programs
79. Jigsaw Puzzles
80. Karaoke
81. Knitting/Crocheting Club

Drop-In Activities and Special Events

The Senior Center offers many free activities. Drop in and enjoy free billiards, table tennis and card games. Daily word puzzles are available or just come and meet someone new over a cup of coffee. Seniors are welcome to drop in and use the free exercise room that offers treadmills, stationary bicycles, weights and elliptical trainers. Prior to the first usage of the exercise equipment, each participant must attend exercise orientation which is offered twice a week by appointment. A computer lab with Internet-ready computers is available for use (please call for lab availability). The Senior Center hosts a variety of special events like the Fashion Show, Dances, Summer Picnic and Holiday programs - just a few of the special events that take place at the Senior Center. For more information about these events, pick up our monthly newsletter or view it online at www.mountainview.gov



Nutrition Program

The Senior Nutrition Program provides subsidized hot lunches each weekday to clients over the age of 60. Lunches are prepared on-site and the suggested donation is \$2. Meals are served Monday through Friday at noon. Check in for lunch prior to 11:30 a.m. No reservations are required. Take advantage of this opportunity for nutrition, socializing and education. Dancing takes place every Monday, Wednesday and Friday from 10:30 a.m. to 12:00 noon. The Nutrition Program is offered in conjunction with the Community Services Agency of Mountain View-Los Altos and the County of Santa Clara. For more information on the Nutrition Program, please call (650) 964-6586.



Volunteer Opportunities

This just might be the perfect place for you! The Senior Center offers volunteer placement to seniors and other interested citizens. Currently, the Senior Center seeks volunteers for the Senior Center reception desk, Computer Lab volunteers and volunteer Blood Pressure nurses. If you are interested, please call Megan at (650) 903-6330.



Information

For more information about these programs and other services offered at the Mountain View Senior Center, call (650) 903-6330. You may also go on line to view the monthly newsletter called The Prime Time News and the quarterly Class Guide at www.mountainview.gov.

Hours of Operation

Monday – Wednesday 8:30 a.m. - 9:00 p.m.

Thursday & Friday 8:30 a.m. - 5:00 p.m.

Saturday & Sunday by reservations only.*

*** For reservation information, please call (650) 903-6407.**



ADULT GOLF CLASSES (18+ years old)

Adult Golf classes are structured with a goal in mind: playing better golf. From zero to moderate experience, the fundamentals taught will help you PLAY BETTER. Each class consists of four 1-hour sessions. Student/ instructor ratio is between 3:1 and 5:1, minimum of 3 students. Make-up classes are available. Range balls are included. **For more information on how to register, please call (650) 903-4653.**

ADULT GOLF CLASSES - LEVEL I

Level I curriculum will cover fundamentals from set-up (grip, stance, and ball position) to ½ swing to full swing. The mysteries of good putting will also be answered.

A 901	1/18 – 2/8	Su	9:00 – 10:00AM	\$108
A 902	3/1 – 3/22	Su	9:00 – 10:00AM	\$108
A 903	3/29 – 4/19	Su	8:30 - 9:30AM	\$108
A 904	4/1 – 4/22	W	5:30 - 6:30PM	\$108
A 905	4/2 – 4/23	Th	6:45 - 7:45PM	\$108
A 906	4/26 – 5/17	Su	8:30 - 9:30AM	\$108
A 907	4/29 – 5/20	W	6:45 - 7:45PM	\$108
A 908	5/28 – 6/18	Th	5:30 - 6:30PM	\$108
A 909	5/31 – 6/21	Su	8:30 - 9:30AM	\$108

ADULT GOLF CLASSES - LEVEL II

Level II class curriculum is practical application in full swing lesson with drivers, bunker shots, and hilly lies. Discussion topics include: how and where to purchase the correct golf clubs, golf course etiquette, Rules of Golf, and how to play on the course and not be in the way. Graduates of Level II are invited to participate in an on-course-playing lesson with the Shoreline Golf Links instructors.

A901-L2	1/18 – 2/8	Su	10:15 - 11:15AM	\$108
A902-L2	3/1 – 3/22	Su	10:15 - 11:15AM	\$108
A903-L2	3/29 – 4/19	Su	9:45 - 10:45AM	\$108
A904-L2	4/26 – 5/17	Su	9:45 - 10:45AM	\$108
A905-L2	4/29 – 5/20	W	5:30 - 6:30PM	\$108
A906-L2	4/30 – 5/21	Th	6:45 - 7:45PM	\$108
A907-L2	5/27 – 6/17	W	6:45 - 7:45PM	\$108
A908-L2	5/31 – 6/21	Su	9:45 - 10:45AM	\$108

ADULT FULL SWING REFRESHER AND REVIEW - LEVEL III

This class provides an intense analysis of all elements of the full swing. It will help identify your individual swing deficiencies and offer swing improvement solutions, and training drills to help you. The four 1-hour sessions will be conducted on a full-length driving range. Maximum of 8 students.

AFS 901	1/18 – 2/8	Su	11:30AM - 12:30PM	\$108
AFS 902	3/1 – 3/22	Su	11:30AM - 12:30PM	\$108
AFS 903	3/29 – 4/19	Su	11:00AM - 12:00PM	\$108
AFS 904	4/1 – 4/22	W	6:45 - 7:45PM	\$108
AFS 905	4/2 – 4/23	Th	5:30 - 6:30PM	\$108
AFS 906	4/26 – 5/17	Su	11:00AM - 12:00PM	\$108
AFS 907	5/27 – 6/17	W	5:30 - 6:30PM	\$108
AFS 908	5/28 – 6/18	Th	6:45 - 7:45PM	\$108
AFS 909	5/31 – 6/21	Su	11:00AM - 12:00PM	\$108

ADULT SHORT GAME GOLF CLASSES – LEVEL VI

The Level VI class curriculum is an in-depth effort at improving your short game. Each session will consist of concentrated instruction in the following components of the short game: putting, chipping, pitching and bunker play. Maximum of 8 students per class.

SG 901	3/14 – 4/4	Sa	1:00 - 2:00PM	\$108
SG 902	4/25 – 5/16	Sa	1:00 - 2:00PM	\$108
SG 903	4/30 – 5/21	Th	5:30 - 6:30PM	\$108
SG 904	5/30 – 6/20	Sa	1:00 - 2:00PM	\$108

PARENT/CHILD GOLF CLASSES

This class teaches the basics of golf to parents and children together. The class includes: full swing, putting, golf course etiquette and rules discussions. Every effort is made to maintain a parent/child-to-instructor ratio of 3:1, minimum of 3 sets of parent/child. Children (ages 7-17). Fee is \$75 per student. Maximum of 8 students per class.

PC 901	3/1 – 3/22	Su	2:00 - 3:00PM	\$75/student
PC 902	4/12 – 5/3	Su	2:00 - 3:00PM	\$75/student

SALE!

On Friday, December 5, 2008, the Shoreline Golf Links Pro Shop will be having an ALL DAY Holiday Sale. All merchandise will be at least 20% off. There will also be Sale Day Manager's Specials. The Pro Shop will be open from 7:00 a.m. to 7:00 p.m. for the sale. This is a perfect opportunity to choose gifts for friends and family in a stress-free setting. Golf Professionals will be on hand to answer any questions you might have about clubs, shoes, apparel or accessories. The grill and bar at Michaels Restaurant, next door to the Pro Shop, will be open for breakfast, lunch or snacks.

Practice Facilities

The course has excellent practice facilities, consisting of a short game practice area with a practice bunker, a large 16,000 sq. ft. practice putting green, a 6,000 sq. ft. practice chipping green adjacent to the pro shop, a second small putting-chipping green, and a night-lighted practice range with 29 tee stations, and a large grass tee used on weekends (April - September).

The range is open at 7:00 a.m. daily with exception of Wednesdays, when the range opens at 11:00 a.m.. Buckets of range balls are dispensed in three sizes (large, medium and warm-up) from two automated ball-dispensing units. Based on seasons of the year, the hours of operation practice range change. The closing time may be as late as 8:00 p.m., or as early as 6:00 p.m. Call the Pro Shop at (650) 903-4653 if you need specific closing times.



GOLF REGISTRATION FORM

PHONE (650) 903-4653 (GOLF)

*Class registration will be confirmed via e-mail



REMIT TO: SHORELINE GOLF LINKS
2940 N. SHORELINE BLVD.
MOUNTAIN VIEW CA 94043

REGISTERING ADULT

First

Last

ADDRESS

CITY

ZIP CODE

DAYTIME PHONE (____)

EVENING PHONE (____)

*EMAIL

PARTICIPANT'S NAME	GENDER	HEIGHT	FIRST CHOICE CLASS	SECOND CHOICE CLASS

(UNLESS NOTIFIED, YOUR 1ST CHOICE IS ACCEPTED)

The undersigned, in consideration of participation in this program, agrees to indemnify and hold the City of Mountain View and Shoreline Golf Links harmless and release the City of Mountain View and Shoreline Golf Links from any and all liability for any injury which may be suffered by the above-named individual(s) registered in this program arising out of or in any way connected with participation in this program. I have read the above application and agreement and fully understand that I assume all risks for any injuries received.

PARENT/PARTICIPANT SIGNATURE

DATE

CHILDREN AND ADULT RECREATION TENNIS LESSONS

Participants must furnish their own tennis rackets and wear tennis shoes. If it rains and courts are wet, classes will be cancelled and rescheduled at the end of session. MINIMUM PER CLASS: 4 STUDENTS; MAXIMUM PER CHILDREN'S BEGINNING FOR 7 TO 10 YEARS OLDS: 6; ALL OTHER CLASSES: MAXIMUM 8. A class with three or less students will be cancelled and students will be notified of other class options.

PEEWEE TENNIS

PeeWee is designed to introduce 4 to 6 year olds to the game of tennis. PEEWEE 1–Participants will receive a 21” peewee racket.

PEEWEE 2–For 4-6 yr old PeeWee 1 graduates. Must provide own racket.

BEGINNER I

Introduces the basics of the forehand, backhand, and serve. By the end of the session, graduating students are hitting balls tossed from the instructor with correct form and hitting serves over the net with correct form and moderate success.

BEGINNER II

Develops the forehand and backhand groundstrokes while introducing footwork and movement. Graduating students can have sustained rallies from inside the baseline. The volley and net-play is introduced, and the service motion is further developed.

INTERMEDIATE

Intermediate classes continue to develop the forehand and backhand groundstroke. Students learn how to rally from baseline to baseline. Emphasis is placed upon footwork. Power in the serve is improved, and the volley, lob, and overhead are developed.

Jr. Team Tennis

The Mountain View Tennis Club sponsors a junior tennis league for youth 18 years old and under in the spring and in the fall. Players must have experience at least equivalent to Beginner II lessons.

2009 Registration and Try-out Dates:

- Spring registration March 10 and March 12
- Spring try-outs March 17

Registration is from 7:00 p.m. to 9:00 p.m. at the Cuesta Park Tennis Center. Matches will be played on Tuesday evenings from 7:00 p.m. to 9:00 p.m. For more information, please call (650) 814-4922.

Tennis Information

Tennis Advisory Board

If you have any information regarding tennis programs, facility and service that you would like to share with the Tennis Advisory Board please send them an email in care of the Tennis Advisory Board to recreation@mountainview.gov

Mountain View Tennis Club (MUTC)

The Mountain View Tennis Club is open to Mountain View residents and non-residents. Membership includes tournaments, interclub matches and special events. Forms are available at the Recreation Division office and Cuesta Tennis Center. For additional information, call (650) 964-6224.

TENNIS LESSONS

CLASS	AGE	DAY	TIME	SESSION 1 3/7 - 4/4	SESSION 2 4/6 - 5/2	FEES
Peewee 1	4-6 yrs	Sa	9:00 - 10:00AM	109	1009	R\$58/NR\$68
Peewee 2	4-6 yrs	Sa	9:00 - 10:00AM	209	1109	R\$58/NR\$68
Beginning I	7-10 yrs	Sa	10:00 - 11:00AM	309	1209	R\$58/NR\$68
Beginning II	7-10 yrs	Sa	10:00 - 11:00AM	409	1309	R\$58/NR\$68
Beginning I	7-10 yrs	M/W	6:00 - 7:00PM	509	1409	R\$58/NR\$68
Beginning II	7-10 yrs	Tu/Th	6:00 - 7:00PM	609	1509	R\$58/NR\$68
Beginning I	16+ yrs	M/W	7:00 - 8:00PM	709	1609	R\$58/NR\$68
Beginning II	16+ yrs	Tu/Th	7:00 - 8:00PM	809	1709	R\$58/NR\$68
Intermediate	16+ yrs	M/W	8:00 - 9:00PM	909	1809	R\$58/NR\$68
After School	10-15 yrs	M/W/F	4:00 - 5:00PM	5309	5409	R\$90/NR\$100

TWO-CLASS SESSIONS--The following classes meet two (2) times.

CLASS	AGE	DAY	TIME	SESSION 1 3/8-3/11	SESSION 2 3/15-3/18	SESSION 3 3/22-3/25	SESSION 4 3/29-4/1	FEES
The Serve*	14+ yrs	M/W	7:00 - 8:00PM	2009	2409	2809	3209	R\$20/NR\$30
The Forehand	14+ yrs	M/W	8:00 - 9:00PM	2109	2509	2909	3309	R\$20/NR\$30
The Backhand	14+ yrs	Tu/Th	7:00 - 8:00PM	2209	2609	3009	3409	R\$20/NR\$30
The Volley & Overhand	14+ yrs	Tu/Th	8:00 - 9:00PM	2309	-	3109	-	R\$20/NR\$30
Singles Play	14+ yrs	M/W	7:00 - 8:00PM	-	2709	-	3509	R\$20/NR\$30

CLASS	AGE	DAY	TIME	SESSION 5 4/6-4/9	SESSION 6 4/13-4/16	SESSION 7 4/20-4/23	SESSION 8 4/27-4/30	FEES
The Forehand*	14+ yrs	M/W	7:00 - 8:00PM	F13	-	F28	-	R\$20/NR\$30
The Backhand*	14+ yrs	T/Th	7:00 - 8:00PM	F14	-	F29	-	R\$20/NR\$30
The Volley*	14+ yrs	M/W	7:00 - 8:00PM	-	F14	-	F30	R\$20/NR\$30
The Overhead*	14+ yrs	T/Th	7:00 - 8:00PM	-	F15	-	F31	R\$20/NR\$30

How To Register for Tennis Courses

Mail, in a sealed envelope, the following items:

- Completed Cuesta Tennis Mail-in Registration Form.
- Proof of Mountain View Residency. (Checks are valid proof)
- Check(s) payable to “Cuesta Tennis Center”. Please, NO CASH or CREDIT CARDS.
- Stamped, Self-addressed envelope.

Mail To:
Cuesta Tennis Center
“Class Registration”
685 Cuesta Drive, Mountain View,CA 94040.

For more information call:
(650) 967-5955

CUESTA TENNIS MAIL-IN REGISTRATION FORM

685 Cuesta Drive, Mountain View, CA 94040 Phone (650) 967-5955

PARTICIPANT’S NAME _____ PARENT’S NAME _____
First Last First Last
ADDRESS _____ CITY _____ ZIP CODE _____ BIRTH DATE _____ AGE _____ M/F _____
HOME PHONE (____) _____ WORK PHONE (____) _____ EMERGENCY PHONE (____) _____

CLASS #	FIRST CHOICE CLASS NAME	FEE	CLASS #	SECOND CHOICE CLASS NAME	FEE \$

The undersigned, in consideration of participation in this program, agrees to indemnify and hold the City and Cuesta Tennis harmless, and release the City and Cuesta Tennis from any and all liability for any injury which may be suffered by the above-named individual registered in this program, arising out of or in any way connected with participation in this program. I have read the above application and agreement, and fully understand that I assume all risks for any injuries received.

PARENT/PARTICIPANT SIGNATURE _____ DATE _____ CREDIT CARDS ARE NOT ACCEPTED

Excursiones de Primavera en Deer Hollow Farm

Sábado 21 de marzo, 18 de abril y 16 de mayo
10:00 a.m. a 1:00 p.m.

La última excursión empieza a las 12:30 p.m.
Adultos \$5, niños/as \$3, niños/as menores de 2 años GRATIS

¡Vengan a conocer a las crías de la vaca, conejos, becerros, cabras, gallinas, patos, gansos y cerdos! En las excursiones de primavera de Deer Hollow Farm les mostraran los establos, edificios de la granja de más de cien años, la hortaliza y el jardín orgánico. Los voluntarios de la granja estarán ahí para contarles como era la vida diaria de una granja como ésta hace 150 años, cuando la mayoría de los americanos vivían en granjas parecidas a Deer Hollow Farm.



Los Amigos de Deer Hollow Farm llevan a cabo este evento para recabar fondos para las becas de por lo menos la mitad de los 5000 niños que asisten al programa educacional del medioambiente de la granja. La excursión incluye la presentación de un afamado documental de corto metraje acerca de Deer Hollow Farm llamado “Lecciones de la Tierra” (Lessons of the Land). Tendremos una mesa con artículos para vender como camisetas, tarjetas hechas a mano con fotografías originales de la reservación y la granja, así como tarjetas de identificación de plantas y animales. También tendremos casitas de pájaros hechos de guajes pintados a mano y camisetas bordadas. Todas las ganancias serán para el programa de educación de Deer Hollow Farm.

Deer Hollow Farm es una granja de 10 acres donde se labora diariamente, en el Parque del Condado Rancho San Antonio y Reservación de Espacio al Aire Libre de 3,800 acres. La granja fue fundada por la Ciudad de Mountain View, el Distrito Midpeninsula Regional de Campo al Aire Libre, y el Condado de Santa Clara, con la ayuda de los Amigos de Deer Hollow Farm.

Para mas información, visita el sitio de los Amigos al: www.fodhf.org o llama a Friends of Deer Hollow Farm al (650) 965-FARM (3276).

Agencia de Servicios de la Comunidad

204 Stierlin Road
(650) 968-0836

La Agencia de Servicios de la Comunidad ofrece programas de asistencia financiera a residents de bajos ingresos y provee: asistencia financiera de renta, y de servicios públicos; un centro de alimentos y nutrición; materiales escolares; cupones para zapatos; cuidado óptico y dental para niños sin aseguranza médica; distribución de juguetes y pañales; asistencia de medicina para niños y adultos sin aseguranza; asistencia financiera para Clases de Recreación.

Horarios sin Citas
Lunes, Miercoles, y Viernes
9:00 a.m. a 11:00 a.m. y 1:30 p.m. a 3:00 p.m.

Horas de Citas:
Martes: 9:00 a.m. – 11:00 a.m. y 1:30 p.m. – 3:00 p.m.
Viernes: 1:30 p.m. – 3:00

Gimnasio de Voleibol para Adultos en el Pavilión Deportivo de Mountain View (Mountain View Sports Pavilion)

1185 Castro Street

El pavilión deportivo de Mountain View está abierto para voleibol los domingos de 5:00 p.m. a 7:00 p.m. Los horarios aplican solo a residentes o empleados de negocios de la ciudad de Mountain View. Se recomienda comprar un pase que incluye 10 entradas por \$11.75 o 25 entradas por \$23.75. Sin pase, el costo por cada entrada es de \$2.25. Los pases pueden ser comprados en el Centro Comunitario (Community Center) situado en el 201 South Rengstorff Avenue, de lunes a viernes 8:30 a.m. a 5:00 p.m, o cada domingo en el Pavilión Deportivo de Mountain View. Favor de tener el cambio exacto. También debe mostrar comprabante de que vive o trabaja en la ciudad de Mountain View.

La Ciudad de Mountain View celebra el día Arboreal

Sábado, 14 de marzo del 2009
11:00 a.m.
Pioneer Memorial Park

Pioneer Memorial Park, situado entre City Hall y la biblioteca pública de Mountain View, será el lugar de la celebración del Día Arboreal. La celebración incluirá la plantación de un árbol en Pioneer Memorial Park comenzando a las 11:00 a.m. Durante la celebración, todos los niños podran disfrutar de actividade de arte, pintura de cara, comida y entretenimiento. Una demostración de como subir a los arboles será presentada por la División Forestal de la ciudad de Mountain View. Para más información, favor de llamar a la División Forestal y Carreteras al (650) 903-6273.

¡Únete al Comité Asesor Juvenil!

¿Quieres hacer la diferencia en tu comunidad, pero no sabes como hacerlo? ¿Eres un estudiante de secundaria o de escuela intermedia y vives en Mountain View? ¡Entonces únete al Comité Asesor Juvenil de Mountain View!



El Comité colabora como asesor del personal y el Consejo de la Ciudad proveyendo información valiosa en asuntos relacionados a jóvenes y adolescentes en nuestra comunidad. Este comité de 15 miembros del Comité Asesor Juvenil de Mountain View se reúne los lunes dos veces al mes, para planear programas y eventos, recomendar servicios y locales y para dialogar en asuntos concernientes a los jóvenes en nuestra comunidad.

Recoge una solicitud en la oficina de tu escuela, el Centro Comunitario, localizado en el 201 South Rengstorff Ave., o visita nuestro sitio web de la Ciudad al: www.mountainview.gov a partir del 23 de febrero del 2009. El número de participantes es limitado. Llena tu solicitud y entrégala para las 5:00 p.m. del viernes 10 de abril de 2009. Para más información llama al (650) 903-6410.

Centro Juvenil de la Ciudad de Mountain View

Viernes y Sábado de 6:30 – 9:30 p.m. – GRATIS
298 Escuela Avenue

¡Estudiantes, acompañanos y se parte de la diversión cada viernes y sábado de 6:30 p.m. – 9:30 p.m. en el Centro Juvenil de Mountain View (Mountain View Teen Center)! Este programa es supervisado por lideres entrenados por la División de Recreación y ofrece un abiente social lleno de juegos, air-hockey, juegos de video, bocadillos, y mucho más! Ven y recoje un calendario de actividades en tu próxima visita al centro juvenile y descubre la diversión! Todo participante debe mostrar su identificación escolar de cualquier escuela intermedia.y llenar el formulario de registración. Las formas de registración estan disponibles en el centro juvenil y en el Centro Comunitario (Community Center). Cada forma debe ser completada y entregada en la segunda visita al centro juvenile. Para más información, favor de llamar al (650) 903-6410.

* El centro juvenil estará cerrado el 26 y 27 de diciembre.

Comisión de Parques y Recreación

Alicia Henderson (presidente), Paul Donahue (vice presidente), Gary Griffith, y Ed Mussman II.

La Comisión de Parques y Recreación se reune cada segundo miércoles de cada mes a las 7:00 p.m. en el Mountain View Senior Center que está situado en el 266 Escuela Avenue.

Fechas de Reunión en el 2008 y 2009:
10 de diciembre, 14 de enero, y 11 de febrero.

Programa de Asistencia Financiera para Clases de Recreación (FAP)

La Ciudad (gobierno local) provee asistencia financiera limitada a personas de bajos recursos, para que se inscriban en las clases de recreación y disfruten de los programas de recreación. Para calificar en el programa deberán ser residentes de Mountain View ser aprobados por medio del proceso de evaluación de la Agencia de Servicios de la Comunidad-Community Services Agency (CSA) (conforme a las guías del Condado de Santa Clara HUD). La carta ORIGINAL de aprobación de CSA se debe presentar cada año, la primera vez que se inscriban a las clases de recreación. Cada participante calificado para una beca de \$800 o de \$400 para actividades. Por cada clase que usted cancele tendrá que pagar \$5.75, y también si cancela menos de 14 días antes del primer día de la clase, incluye el fin de semana y días festivos, o no atiendan el primer día de las clases en las que se inscribieron serán automáticamente retirados, doble del costo de la clase sele rebajará de lo que le corresponda del FAP. No se regresará ningún dinero si el saldo ya se ha utilizado para la inscripción de una clase, a menos que la clase la cancele la División de Recreación. El FAP es bueno por un año (septiembre 1 hasta el 31 de agosto) y no se puede usar para Golf, Tenis, Natación para Adultos (lap swimming) y Eventos Especiales.

REGISTRATION INFORMATION

Business Hours
Monday - Friday 8:30 a.m. - 5:00 p. m.
Customer Service: (650) 903-6331
Fax: (650) 962-1069
Email: recreation@mountainview.gov

Registration Deadlines

PRIORITY REGISTRATION
Mountain View Residents Only
On-Line, Mail, Fax, Drop-Off and Walk-In.
Begins: Monday, December 1, 8:30 a.m.

OPEN REGISTRATION
Residents & Non-Residents
On-Line (Mountain View Residents Only)
Mail, Fax , Drop-Off, and Walk-In:
Begins: Monday, December 15, 8:30 a.m.

How to Register

NEW!
ON-LINE: Mountain View Residents Only
http://online.activenetwork.com/mvrecreation

MAIL* (Please DO NOT mail CASH):
City of Mountain View Recreation Class Registration
P.O. Box 7540
Mountain View, CA 94039-7540

FAX*: (650) 962-1069

DROP-OFF* & WALK-IN*:
Monday - Friday 8:30 a.m. - 5:00 p.m.
Community Center
201 South Rengstorff Avenue
Mountain View, CA 94040

- * Mountain View Residents: Proof of current residence MUSTbe provided EACH time you register. Registrations without acceptable proof of residence will not be processed.
- * Mail, fax & drop-off forms will be processed daily, in order of date received. A receipt will be mailed when processed.

Forms of Payment

Visa, MasterCard, Cash, or Check
(payable to "City of Mountain View")

General Information

- Transfer / Withdrawal / Refund Policy:
- All requests MUST be made in person at the Community Center.
 - All Transfers / Withdrawals / Refunds will be assesed a \$5.75 processing fee FOR EACH CLASS.
 - Withdrawal / Refund requests MUST be made no less than 14 calendar days before the first day of class, including weekends and holidays. Eligible refunds are 100% fees paid minus processing fees.
 - Withdrawals / Refunds requested less than 14 days before the first day of class, including weekends and holidays, will NOT be honored.
 - Requests for Transfers, if space is available, MUST be made no less than 7 calendar days before the first day of both classes, including weekends and holidays. Participants are responsible for any additional fees.
 - The Withdrawal/Transfer deadlines do not apply to the following programs: Golf and Tennis.

Proof of Mountain View Residency: Acceptable forms of proof include: valid/current California driver's license or identification, and a current utility bill. Temporary California identifications, Post Office boxes, newspapers, letters, etc. are NOT acceptable.

Birth Date/Age: To register, all participants must provide their date of birth and be the required age before the first day of class. Proof of age may be required.

Check Return Fee: \$25 fee per check returned.

Coordination of Class Registrations: Due to registration processes, we cannot guarantee placement of participants into the same class. Multiple-family or group registrations are not accepted.

Behavior Violation: Participants receiving three (3) behavior violations will be removed from the specific program. A partial class refund may be granted at the discretion of the program supervisor.

Late Pick-up: Parents/guardians arriving late to pick up their child from any recreation program will be assessed a \$5.75 fee per 15 minutes late. Participants receiving three (3) late pick-up fees, will be removed from the specific program.

Class Attendance: Attendance in class is limited to registered participants. No registrations are accepted at class. Fees are not prorated for missed classes. No make-up classes are offered.

Class Cancellation: Classes not meeting minimum registration levels will be cancelled. Participants will be notified approximately three (3) business days before class begins and issued a full refund, or be eligible to transfer to another class if space is available. Participants transferring will be responsible for any additional fees.

Waitlist: Your name will be placed on a waitlist if your first and alternate class choices are full.

- FAP Recipients:
- FAP recipients who DO NOT attend the first day of a class for which they are registered will be automatically withdrawn and have twice the value of the registration fee subtracted from their allocation.
 - FAP recipients will be charged a \$5.75 processing fee PER CLASS for transfers and withdrawals.
 - All fees **MUST** be paid prior to registration for future classes.

ON-LINE REGISTRATION is here!

As of December 1, 2008, On-Line registration is available to Mountain View Residents only. To register On-Line, you will need:

- Family Personal Identification Number (PIN)
- Visa or MasterCard

To obtain your Family PIN:

- Go to the Mountain View Community Center located at 201 S. Rengstorff Avenue during business hours.
- Bring 2 Proofs of Mountain View Residence (Required). Refer to General Information section.
- Verify your family members eligible for class registration on your account.

To register log in at:
http://online.activenetwork.com/mvrecreation

Classes with the following symbol are not available for On-Line Registration:

CLASS REGISTRATION FORM

CUSTOMER SERVICE: (650) 903-6331 FAX: (650) 962-1069 EMAIL: recreation@mountainview.gov ON-LINE: http://online.activenetwork.com/mvrecreation
Please print and complete each line. Incomplete forms will not be processed. Registration is limited to immediate family members only!

MAIN CONTACT _____ (CHECK ONE) PARENT ☐ LEGAL GUARDIAN ☐ SELF ☐

Address _____ City _____ Zip Code _____ E-mail _____

Home Phone (____) _____ Work (____) _____ Cell Phone (____) _____ City Employee #/Dept. _____

PARTICIPANT NAME - First and Last	BIRTHDATE	GENDER	GRADE	CLASS #	CLASS NAME	FEE	ALTERNATE CLASS #
1.						\$	
2.						\$	
3.						\$	
4.						\$	
SEPARATE CHECKS REQUIRED FOR EACH PERSON AND EACH CLASS						TOTAL \$	

EMERGENCY CONTACT: Person to contact in case of emergency other than the parent/guardian listed above:

Name _____ Relationship _____ Phone (CHECK ONE) ☐ HOME ☐ CELL (_____) _____

Is the above named authorized to pick up your child from Recreation programs? (CHECK ONE) YES ☐ NO ☐

For the participants above, please list any medication(s), allergies, health concerns, or special needs program staff should be aware of:

Participant's Name _____ Allergies / Medication(s) / Special Needs / Health Concerns: _____

PHOTO RELEASE: By affixing my initials here: _____ I DO NOT agree nor grant the City of Mountain View permission to use my and/or my child's photograph or likeness, or that of a pet or personal property, for promotional use in any City related media.

WAIVER & RELEASE: In consideration of participation in a class or activity offered by the Recreation Division of the City of Mountain View, I, the below signed, agree to indemnify and hold the City of Mountain View harmless and hereby waive, release and discharge any and all claims for loss or damage, for death, personal injury, bodily injury or property damage which I may have or which hereinafter may accrue to me against the City of Mountain View, its City Council, employees, agents, and volunteers for any liability arising out of or connected in any way with my participation in this class or activity, even though that liability may arise out of negligence or carelessness on the part of the person or entities mentioned above. I understand that accidents and injuries can arise from participation in this class or activity; knowing the risks, nevertheless, I hereby agree to assume those risks on behalf of myself, my heirs and assigns and to release and to hold harmless all of the persons or entities mentioned above who (through negligence or carelessness) might otherwise be liable to me (or my heirs or assigns) for damages. Further, I understand that the City of Mountain View, its City Council, employees, agents and volunteers, are not responsible for the personal property of the participants in the class or activity. It is further understood and agreed that this waiver, release and assumption of risks has been freely entered into and is to be binding on me and on my heirs and assigns. I have read and agree to the registration and program policies. By my signature below, I acknowledge that I have read this document and understand its contents.

PARENT/ PARTICIPANT/ LEGAL GUARDIAN SIGNATURE X _____ DATE _____

MOUNTAIN VIEW RESIDENTS: DO NOT FORGET TO PROVIDE PROOF OF RESIDENCE

I authorize use of my:
MASTERCARD ☐ VISA ☐ Credit Card #: _____ - _____ - _____ - _____
Name as it appears on Credit Card _____ Expiration Date ____/____
SIGNATURE X _____ DATE _____ (Not valid for Golf and Tennis)

* Withdrawal / Refund requests MUST be made no less than 14 calendar days before the first day of class, including weekends and holidays and are assessed a processing fee.